

integrART

2019-2020

ESC project in Kraków

When? 1st of October 2019 – 30th of September 2020

What? Integration, art, cooperation, creativity, professional skills, events coordination, working with children, working with children with disabilities, cultural differences

Where? Kraków, Poland

How many places? Six vacancies

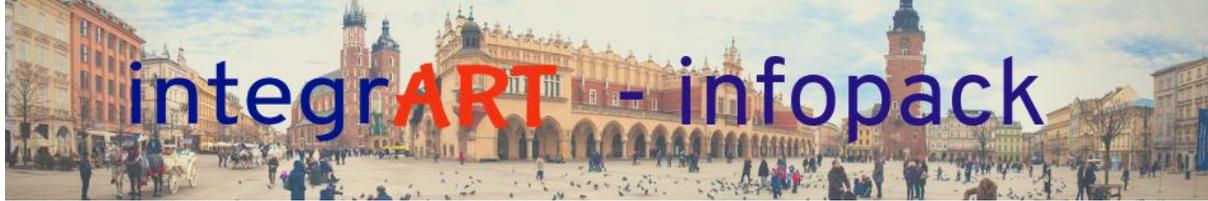
Deadline for applicants? 14/04/2019

Coordinating organization

Cultural Center Dworek Białoprądnicki

The hosting organizations

1. Cultural Center “Dworek Białoprądnicki”
2. Cultural Club Przegorzały
3. Maltese Help Center for Children and their families
4. Primary School nr. 48 im. “Szarych Szeregów”
5. Cultural Club Wola
6. High School no. XXVII



integrART - infopack

About the hosting organizations



Centrum Kultury Dworek

Białoprądnicki

The Cultural Center "Dworek Białoprądnicki" is the place where tradition and history meets innovation. We run many cultural events, that are addressed to children and adults of all ages. These include concerts, performances, exhibitions as well as meetings with people like travelers, writers or hobbyists.

Our audience is not only composed of the people living in Kraków and in Małopolska but also of tourists from all over the country and abroad.

"Dworek Białoprądnicki" is a space for creative and innovative projects and we have partnerships on the local and international level.

The Center is developing very quickly in the field of international cooperation thanks to a variety of programs.

Some of the international activities of the institution include the European Solidarity Corps but also youth exchanges, international internships, and art residences in the framework provided by programs such as Erasmus +.

Cultural Center "Dworek Białoprądnicki" also runs a professional recording studio which supports both experienced musicians and amateurs. The studio has also hosted prestigious artists from Poland and abroad.

Cultural Club „Przegorzały

The Cultural Club "Przegorzały" is a branch of "Dworek Białoprądnicki", and in its everyday activities is guided by Pablo Picasso's quote: "All children are artists. The problem is how to remain an artist once he grows up".

The classes and events in Cultural Club "Przegorzały" are focused on quality and having fun.

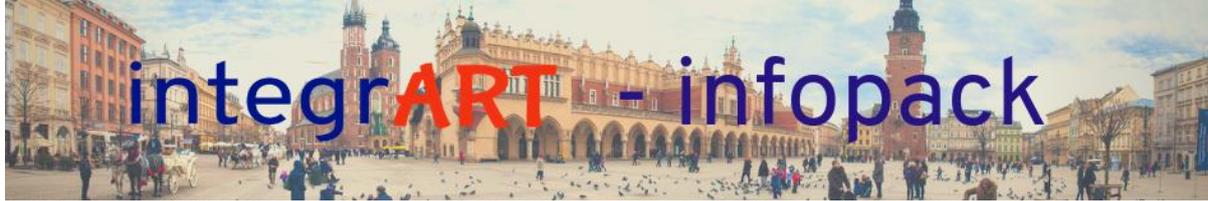
We offer a variety of classes for all age groups. One of our objectives is to encourage seniors to be active and to support development of children and teenagers.

The Club's staff is also animating the local community and proving that valuable cultural events are not only available in the city center.

Cultural Club "Przegorzały" has extensive experience in international projects. Since 2012, we were involved in many



Klub Kultury Przegorzały



international actions. Here are some examples:

- Internships for french animators realized in the framework of the Youth in Action Programme and Erasmus +
- International exchanges in the frame of Youth in Action Programme and Erasmus +.
- EVS projects “World music in Kraków”; “Get Organized” and “Integr’Art”.

We believe that hosting volunteers in our Cultural Club is a major opportunity for both staff members and local community.

By cooperating with foreign volunteers we can learn how to look at the things we do from a new perspective. It is also a great opportunity for our regular attenders and the local community to draw knowledge of a foreign culture and its art. It is also a chance to expand our audience and attract more people to visit our institution.

The volunteers task:

A volunteer working in the Cultural Club Przegorzały realizes cultural events regarding culture, music, dance, language, history or photography, conducts language conversations, prepares posters, leaflets and advertising on social media, help to prepare the room, equipment, lights, microphones, decorations and hangs exhibitions. Together with other volunteers, works on a common cultural project and participates in the HEARTH Festival.

During summer and winter holidays carries out his own workshops or games with children.

More info on: <https://przegorzaly.dworek.eu/our-evs-projects->

Cultural club “Wola”

The Cultural Club Wola is one of the branches of Cultural Center Dworek Białopądnicki located in Zwierzyniec district - 10 minutes from the city center.

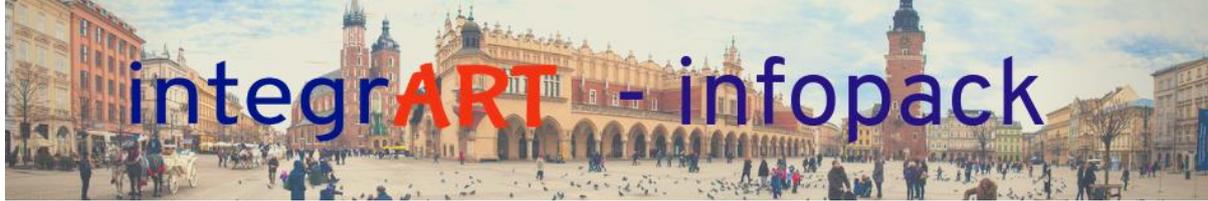


Everybody can find something interesting for them there.

The staff's dream is to create an open space for the neighbors living in the area. The club has 7 rooms where art and recreational classes for both kids and grown-ups are run. The club's infrastructure offers also a garden where open air activities take place.

Wola cooperates with qualified team of passionate instructors. They lead music workshop, art and graphic workshop, and ceramics. Wola also offer recreational classes and energizers.

Similar to Przegorzały, Wola is also organizes winter and summer activities for kids, as well as art contests and cultural events for the local community of Zwierzyniec.



Maltese help centre for children and their families

The Maltese Help Center for disabled children and their families is a non-profit institution which was established in Krakow in 2006.

The Centre's main aim is to provide a comprehensive assistance to children with slow psychomotor development. The children we help are mostly 0-7 years old that are diagnosed with cerebral palsy, intellectual disability, genetic mutations, or autism.

Through therapy and special care we teach them essential, basic skills, such as how to hold a spoon, to brush teeth, to wash hands, to dress up etc.

We also educate them through offering interesting games and special lessons, through leisure activities and camps.

We also teach the families how to effectively promote their child's development. The parent's cooperation is an important factor in the child's development and favourably affects the outcomes of therapy.



We also provide parents with psychological support to show them that they are not alone with their problems, as well as educating them through workshops and consultations.

The centre is currently helping more than 500 families a year. We would have never reached this number, if it wasn't through the help of our volunteers. Maltese Help Centre has around 200 short-term volunteers and 2 long-

term volunteers at the moment.

Short-term volunteers are mainly involved in so-called "3i (intensive, individual and interactive) method therapy" for autistic children.

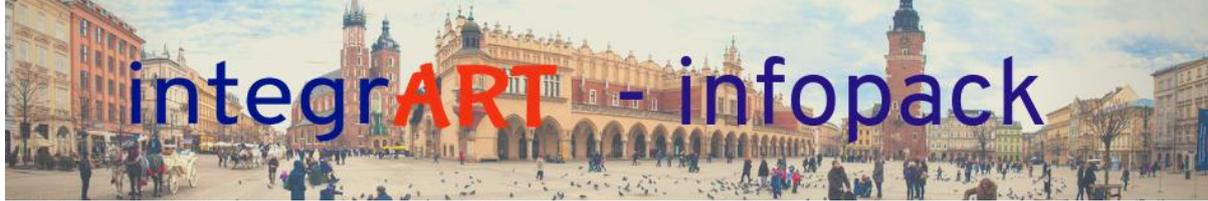
Maltese Help Centre fights against the fact that medical, social, educational, cultural and economic support is often inadequate for people with disabilities and the families. We aim to raise people's awareness about the situation of disabled people and their families, fighting discrimination against people with disabilities and promoting social inclusion.

Primary School nr 48 im. "Szarych Szeregów"

The Primary School number 48 is located in Bielany suburb at the outskirts of Kraków. Bielany is a small suburb of Krakow and our afterschool centre is the only place offering a safe and creative space for children of the area, who otherwise might get involved in potentially harmful activities.



A European volunteer is invited to cooperate with us on a daily basis. Our pedagogical approach is centered around cooperation and creativity. We promote respect, self-discipline, in a supportive and friendly atmosphere.



We would like the European volunteer to contribute to the daily activities by bringing elements from his own culture and heritage.

High School no XXVII

The school number XVIII in Krakow is made up of two departments; primary school number XIX and high school number XXVII.

Among the main aims are:

promoting the value of education, helping pupils to overcome any troubles throughout their studies, developing talent, shaping pro-social attitudes, as well as offering career counselling.

Education, upbringing, and care, is provided to children from 7 years old at the school, and from 15 up in the college. Daily activities aim to cover all areas of interests and levels to meet the needs of all attendees.

The school organisation is within the historic part of Krakow and it has a rich tradition. Surrounded by two rivers there is a lot of green spaces and parks around it, including: park Jorda, Blonia, Kopiec Kosciuszki. The school is located within a residential area, currently undergoing rejuvenation. The demographics of the area is mostly formed of family homes within large multi-familial buildings. The the area is culturally diverse; and there is a bigger artistic presence in comparison with other areas in Krakow. Economically the area can be described as working or middle class, without any extremes.

Depending on their predispositions, volunteers will have an opportunity to take part in a lot of activities. They can help with the organisation of events, they can also help to extend the appeal of extracurricular activities (school choir, band, theatre, arts, music).

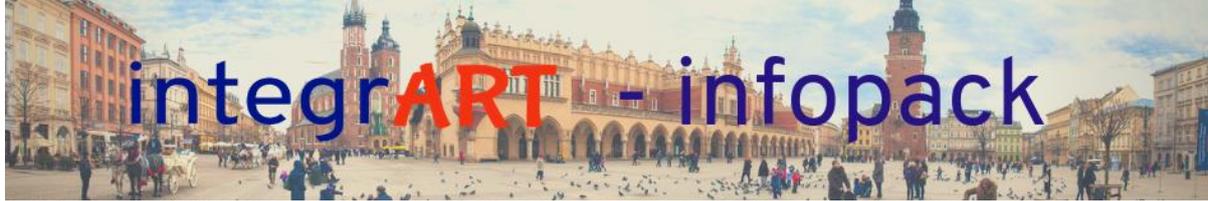
Other activities for volunteers will include helping supervising trips (educational or recreational), helping to solve problems students are having, as well as providing emotional support.

Another task will be to introduce a foreign language to the children, helping to promote education and the development of new skills. The volunteer will get to know the culture of a new country and its traditions. They will also learn about the education system in Poland. This will enable them to expand their skills and experiences through dealing with new situations. The volunteer will also increase their interpersonal skills and gain methods in working with young people as well as children.

Proposed activities related to the project:

The Organizations mentioned above are going to host the volunteers and lead diverse range of educational and cultural activities connected by the idea of “integration by art”.

“Integration” is here understood on various levels.



- Integration with the local community
- Integration as an opportunity for people from different backgrounds to meet
- Integration as a space to break the boundaries caused by disabilities.

With the activities of this project we want to promote and support international integration, intercultural learning, and intercultural dialogue.

All hosting organizations have their own specific working methods. Some of them will fulfill the project's' goals by organizing cultural events with volunteers, some will allow volunteers to work with children – both healthy and with some disabilities.

The volunteers will have a chance to develop their organizational skills, intercultural understanding, communication and social skills. Volunteering in different hosting organizations should not be an obstacle for creating one team that can help to implement the volunteers' own ideas. INTEGRart will involve volunteers in activities such as:

- Event organization
- Design of promotion campaigns
- Work with children
- Creation of a “Krakow multi-cultural network”
- Implementation of their own ideas and project as a group
- Promotion of integration by meetings, workshops and “being together” with others.

The Integr'Art volunteers will also be involved in the organization of HEARTH Festival, a street-art festival addressing environmental issues.

We would also like the volunteers to become EVS promoters by collecting and sharing information on the web about their experience of participating in the project abroad. One of the tools we use is the facebook page [Volunteer in' Krakow](#) which is administered by the volunteers themselves.

About the city

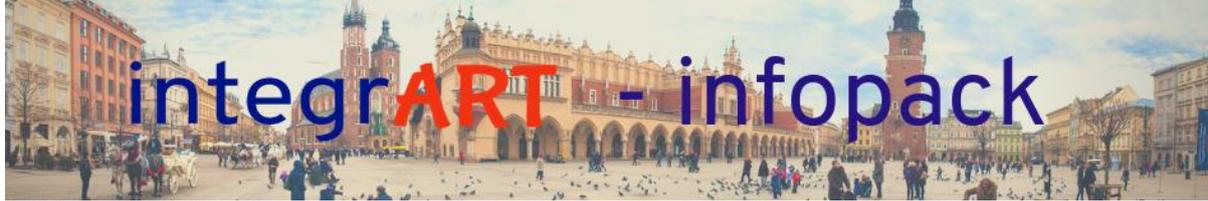
Our project will take place in one of the most beautiful cities in Poland.

Krakow – so-called the city of Kings – it is a vibrant city where you can never get bored.

In part this is due to its strong student presence with over 100,000 students in the city. From Poland and all over the world.



The city, known for its UNESCO World Heritage, Old Town, is a place where tradition mixes with modern innovation and progress on a daily basis. You can visit the stunning Wawel Royal Castle in the morning and later that day attend a conference, or concert at the cutting edge ICE Congress Centre .



The magical atmosphere of the city creates a perfect environment for creative thinking and actions, especially in the creative fields. Krakow's history is also deeply rich and important. It is an excellent opportunity for young people to learn about it and spread it abroad.

Every inhabitant of Krakow can be proud, of its beautiful, UNESCO World Heritage, city. A truly stunning place to call home.

Practical information

Accommodation

The volunteers will be living in a 3 bedrooms flat.

Every room will be dedicated for two volunteers. We will ensure a suitable location of the apartment and by suitable we mean a location from which the volunteers would quickly and easily get to the places where they would work and to the city center.

Kitchen and bathroom will be shared. The apartment will be equipped with basic furniture and the kitchen equipment. You don't need to bring your own things, like cutlery, plates etc. However you should take the bed-cloths. You might be asked to pay the deposit (about 120 €) to the owner of the flat to cover eventual damages. The deposit will be given back at the end of the renting period.

Local transport

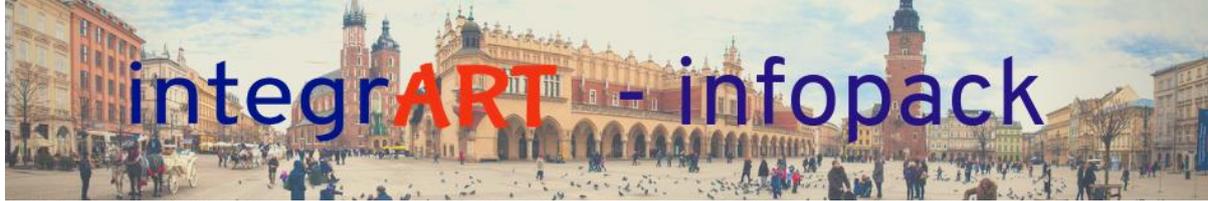
The volunteers will be provided with a Cracow City Card which is a ticket for all buses and trams for the duration of the whole project.

Language support

The volunteers will get a formal or non-formal language course, paid with the money provided for this certain purpose.

The travel costs

From home country to the venue of the project (2nd class/APEX return train ticket) will be reimbursed to the volunteers or to the sending organization from the coordination organization in the maximum amount agreed in the grant application to the value of the ticket.



The pocket money

Pocket money will be given to the volunteers by the coordinating organization once per month in the amount of approximately 85 Euros (per person) (its' equivalent in the Polish zloty according to the exchange rate given by the Polish National Agency) to your bank account or in cash.

The food money

Each volunteer will be receiving 400 PLN every month.

The project costs

The coordinating organization will cover activity costs (task-related, linguistic and personal support, mentor, accommodation, food, local transport, administration/communication).

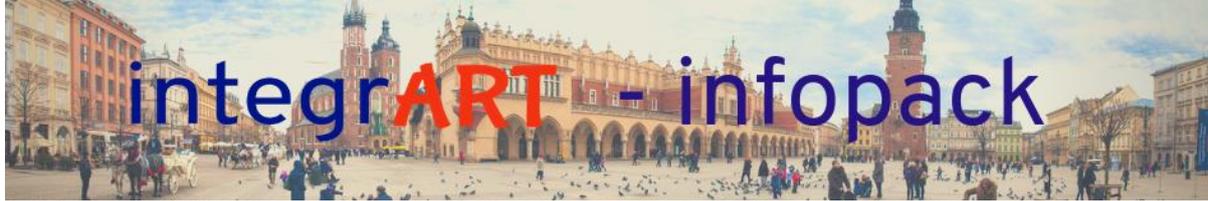
The costs of preparation: arranging insurance, staying in contact with the volunteer, evaluation, follow-up, administration / communication will be covered by the sending organization.

Recruitment process

To take part in the recruitment process of our EVS project you will have to do the following steps:

- Send a carefully prepared Curriculum Vitae and send it to contact person via e-mail: evs@dworek.eu
- Fulfill our EVS Application Form which you can find and download by clicking on this [link](#). The fulfilled application should be send on our e-mail: evs@dworek.eu as well.
- Short-listed candidates will be asked to participate in arranged Skype interview.
- Selected candidates will be asked to print, sign, stamp the Mandate (by sending organization) then scan it and send it back to the coordinating person. If the mandate is filled correctly, we will provide you the postal address to submit the original.

The deadline for sending the required documents is
April, 14th 2019.



Contact details

The **coordinating** organization for this project is **Centrum Kultury Dworek Białoprądnicki**.

Hosting organizations info

Cultural Center “Dworek Białoprądnicki” (PIC: 946718449)

Cultural Club “Przegorzaly” (PIC: 946718449)

Cultural Center “Wola” (PIC: 946718449)

Maltese Help Center for Children and their families (PIC: 941314385)

Primary school nr 48 im. “Szarych Szeregów” (PIC: 941658735)

High School no XXVII (PIC: 907469242)

Cultural Center “Dworek Białoprądnicki”

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